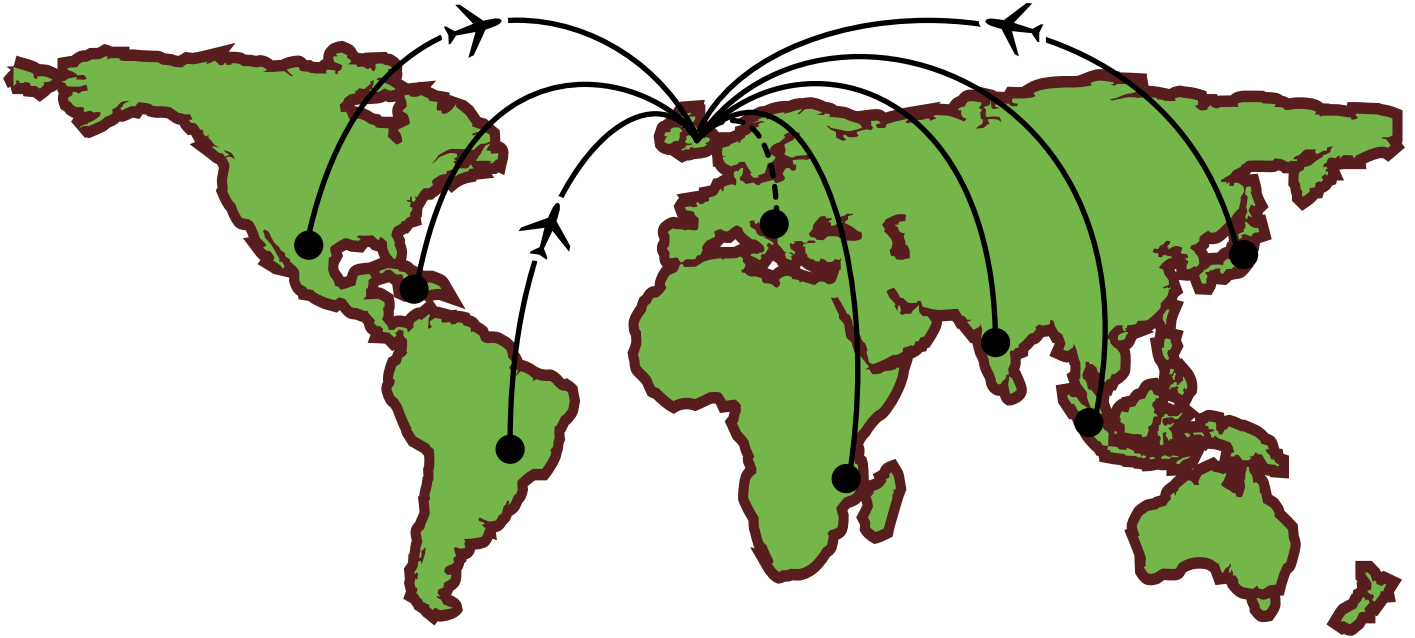


# Where does your food come from?

Food has often travelled a long way before it reaches our plates. Approximately half the vegetables and nearly all of fruit we eat comes from abroad, and much of it is transported to this country by plane, taken to the supermarkets by lorry, then to our homes by us in our cars.

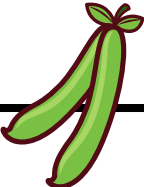


Next time you go to the supermarket, see if you can find the following items and make a note of where they have come from.

## Green Beans

Where have they come from?

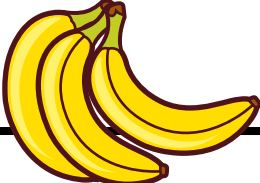
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## Bananas

Where have they come from?

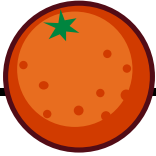
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## Oranges

Where have they come from?

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## Fresh Coffee

Where has it come from?

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## Tinned Tuna fish

Where has it come from?

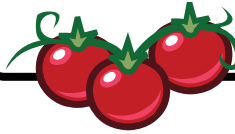
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## Tomatoes

Where have they come from?

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## Tea bags

Where have they come from?

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## Basmati Rice

Where has it come from?

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