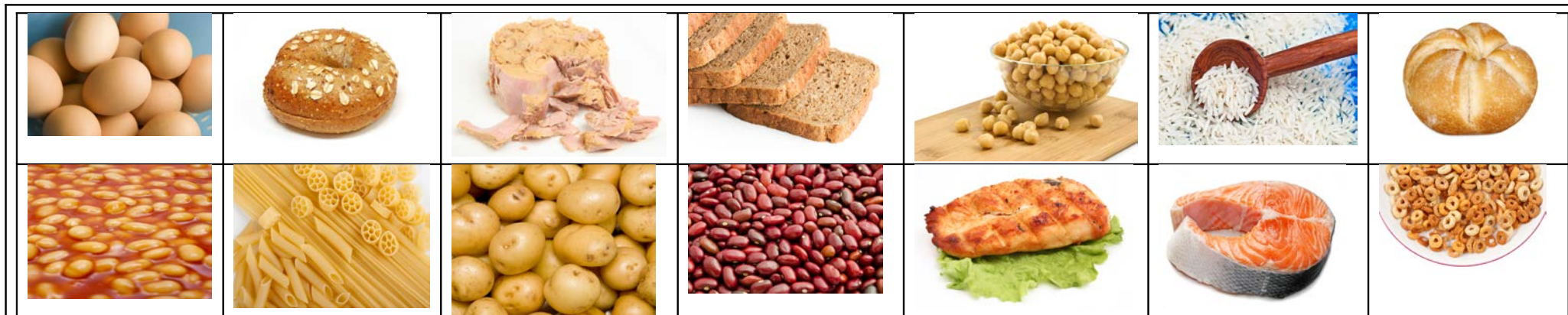
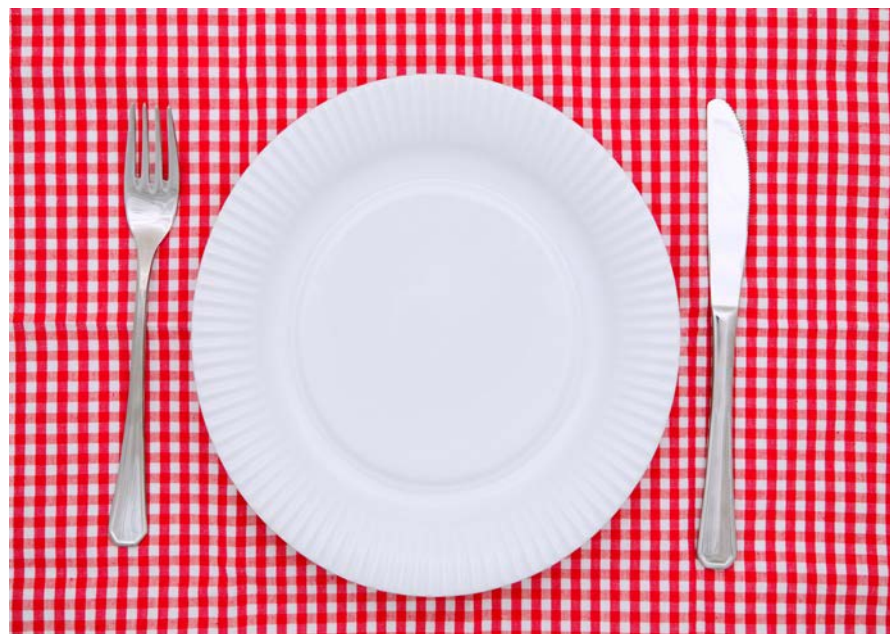


Worksheet 7 – Sorting foods

Activity: Look at the foods below. Draw a line and sort them onto the right plate.



Foods for growth:



Foods for energy:

